

**CITY OF BIG RAPIDS RECREATION
OFFERING THE FOLLOWING PROGRAMS**

For more details visit our web site at www.ci.big-rapids.mi.us
Or call 231-592-4038

ADULT PROGRAMS

Open Gym Basketball (Fee Charged \$3.00) at the Charter Crossroads Academy Elem. Gym

- October - April 6:00pm to 8:00pm Sunday nights
8:00pm to 10:00pm on Wednesday nights

Pickleball (Fee Charged \$2.00) at the Charter Crossroads Academy Elem. Gym

- October – April 4:00pm to 6:00pm Sunday nights

Volleyball (Fee Charged)

- Men's & Women's season September – November
- Coed season January - April

Fit 'n 50+ PROGRAMS

September – May (see web page for specific dates)

- **50+ Exercise** - Tuesdays 1:00 – 2:00 Evergreen Community Building
- **50+ Dance** - Thursdays 11:00 – 12:00 Evergreen Community Building
- **50+ Water Aerobics** (Fee Charged \$2.00) Mondays, Wednesdays & Fridays
8:30am – 9:30am and 10:00am – 11:00am FSU Pool
- **Birthday Lunches**

PROGRAMS FOR ALL

- **Tai Chi** (Fee Charged \$2.00) Monday's & Wed 12:10-12:30 City Hall
- **LET'S WALK BIG RAPIDS** - is a non-competitive walking program that offers exercise while spending quality time on Big Rapids parks and trails. Let's Walk Big Rapids is a free program for all ages. Walks are held in the Spring and Fall months. (see website for specific dates)

YOUTH PROGRAM

For ages 6-12 this summer program consists of adult supervised games, arts-n-crafts, sports, water games and special events. (see web page for specific dates and times)

OTHER PROGRAMS – not run through the City

ADULTS

Hockey/Skating

- Ferris State University Ice Arena 231-591-2881 or www.ferris.edu/icearena/

Softball

- **Men's Summer Softball/Coed Softball** contact Randy or Tracy Knoop at 231-796-1494 or brmsa@sbcglobal.net Web site www.brmsa.org
- **Women's Summer Softball** contact Jennifer Oehrli - 231-388-3914

Biking/Cycling

- Big Rapids Bike Club Diane Richards 231-796-9426 or Perry Lewis – 231-592-0977

Golf

- Katke Golf Course 231-591-3765
- Falcon Head Golf Course 231-796-2613
- Tullymore and St. Ives Golf Courses 1-800-972-4837

YOUTH PROGRAMS

After School Program

- Big Rapids Public Schools CLC, contact Superintendent's Office @ 231-796-2627

Baseball/Softball

- Little Leagues, Registration in March contact Big Rapids Recreation 231-592-4038

Dance

- Rhythmic Sky Studios – 231-527-1553

Football

- Rocket Football – contact Monica Repke President 231-349-7377

Gymnastics/Tumbling/Cheer

- Cheer America– contact Young Americans 616-538-2888
- Rocket Football Cheerleading – contact Nate Green President 231-592-1126

Hockey

- BRAJHA Hockey - contact Ferris State University Ice Arena 231-591-2881

Karate/Self -defense

- Grand Rapids, for more information call 616-538-5222 or info@pro-karate.com

Soccer

- Northland United Soccer Club, Registration Feb. contact 231-250-3263 or visit www.orgsites.com/mi/northlandunitedsoccerclub

Swimming

- Big Rapids Community Pool contact Pat Horan 231-796-7798 open June - Aug.
- Winter Lessons at Ferris State University Recreation Center contact 231-591-2679

Skating

- Figure Skating BRFSC – contact Ferris State University Ice Arena 231-591-2881

Tennis

- Ferris State University Racquet & Fitness Center 231-591-2212
- Public courts at Hemlock Park, open first come, first serve during park hours

AAU Sports

- Contact www.aauofmichigan.com or call 1-800-AAU-4USA (4872)

Wrestling

- Big Rapids Youth Wrestling – contact Bill Bonning at bonningwilliam@yahoo.com

Boy Scouts in Big Rapids – contact Mark Pellerito (h) 231-527-1990

Girl Scouts of Michigan Trails in Big Rapids 231-796-4532

Mecosta County 4-H Youth Agent 231-592-0795 ask for Melissa Bowman